

HELP & ADVICE

FOR FISHERS AND THEIR FAMILIES

IF YOU OR YOUR FAMILY WORK IN THE FISHING INDUSTRY AND NEED HELP DURING THE COVID CRISIS, USE THE GUIDE BELOW TO ACCESS SUPPORT.

GENERAL

SAIL

FREE ADVICE TO FISHERS ON UK GOVERNMENT SUPPORT, FINANCIAL WORRIES AND DEBT, HOUSING, FAMILY ISSUES. SAIL SHOULD BE THE FIRST CALL YOU MAKE IN TIMES OF DIFFICULTY

0800 160 1842

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FISHERMENS' MISSION

PRACTICAL FINANCIAL, WELFARE AND PASTORAL SUPPORT

0800 634 1020

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SHIPWRECKED MARINERS' SOCIETY

FINANCIAL SUPPORT FOR WORKING AND RETIRED FISHERMEN (AND THEIR FAMILIES)

01243 789 329

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SEAFARER SUPPORT

SIGNPOSTING FOR WELFARE GRANT FUNDING

0800 121 4765

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SEAFARERS HOSPITAL SOCIETY

HARDSHIP GRANTS AND HEALTH AND WELLBEING ADVICE

0208 858 3696

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GROCERY AID

GRANT ADVICE (IF YOU ARE A FISH FILLETTER)

08088 021 122

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SAILORS' CHILDREN'S SOCIETY

HELP AND SUPPORT

01482 342331

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SCOTTISH FISHERMEN'S TRUST GENERAL ADVICE

01224 646944

FINANCE

UNIVERSAL CREDIT

A PAYMENT TO HELP WITH YOUR LIVING COSTS

0800 328 5644

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COUNCIL TAX SUPPORT

LIKE YOUR RENT OR MORTGAGE, THIS IS A PRIORITY BILL FOR YOU TO PAY

CONTACT YOUR LOCAL COUNCIL

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COMMSAVE

CREDIT UNION THAT OFFERS SAFE SAVINGS AND LOW-COST LOANS FACILITIES TO ANYONE WORKING IN THE UK FISHING INDUSTRY

WWW.COMMSAVE.CO.UK/FISH

LEARNING

SEAFISH

REMOTE LEARNING OPPORTUNITIES FOR WORKERS ACROSS THE SEAFOOD INDUSTRY. ACCESS TO SUPPORT AND ONLINE ASSESSMENT FOR VITAL SAFETY COURSES.

01472 252 300

BUSINESS

SELF-EMPLOYMENT INCOME SUPPORT SCHEME

AVAILABLE IF YOU ARE UP TO DATE WITH ACCOUNTS, HAVE TRADED IN THE TAX YEARS 2019/20 AND 2020/21, YOUR PROFITS WERE LESS THAN £50,000 AND MORE THAN 50% OF YOUR INCOME WAS FROM SELF-EMPLOYMENT. CHECK WWW.GOV.UK AND SEARCH 'SELF EMPLOYMENT INCOME SUPPORT SCHEME' FOR UPDATES.

0800 024 1222

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VAT PAYMENTS

IF YOU HAVE MISSED A TAX PAYMENT OR MIGHT MISS YOUR NEXT TAX PAYMENT DUE TO COVID-19 CALL HMRC'S HELPLINE ON

0800 024 1222

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INCOME TAX PAYMENTS

HMRC HELPLINE: 0800 024 1222

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ECONOMIC RESILIENCE FUND: BUSINESS SUPPORT (WALES)

CONTACT BUSINESS WALES

03000 603000

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RECLAIM STATUTORY SICK

IF YOU ARE AN EMPLOYER YOU MAY BE ABLE TO CLAIM BACK 2 WEEKS OF STATUTORY SICK PAY IF YOU HAVE PAID IT TO AN EMPLOYEE WHO WAS OFF DUE TO CORONAVIRUS.

WWW.GOV.UK

SEARCH 'STATUTORY SICK PAY REBATE'

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INTERNATIONAL TRADE

FIND YOUR LOCAL DEPARTMENT FOR INTERNATIONAL TRADE OFFICE

WWW.GREAT.GOV.UK

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SUPPORT TO CONTINUE TRADING WITH THE EU

CONTACT THE FISH EXPORT SERVICE

0330 1591989

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SELLING YOUR CATCH DIRECT

30KG OF FISH CAN BE SOLD FROM LICENSED FISHING VESSELS TO PRIVATE BUYERS

WWW.GOV.UK

SEARCH "FIRST SALE FISH"

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MARINE LICENCES

WWW.GOV.UK

SEARCH "MARINE LICENCES"

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MANAGEMENT ORGANISATION INFORMATION

0300 123 1032

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CATCH RECORDING HELPLINE

0300 0203 788

HEALTH

TOGETHERALL

CONFIDENTIAL 24/7 ONLINE MENTAL HEALTH SUPPORT
CONTACT SEAFARERS' HOSPITAL SOCIETY

0208 858 3696

WWW.TOGETHERALL.COM

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SEAFIT

PROGRAMME FOR HEALTH AND WELLBEING SUPPORT

07486 319621

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SAMARITANS

24 HOUR MENTAL AND EMOTIONAL SUPPORT

116123

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LOCAL SURGERIES

ADVICE AND INFORMATION

CONTACT YOUR GP

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EMERGENCY SUPPORT

999 OR 111

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MENS' HEALTH FORUM

HELP AND ADVICE ON STRESS AND ADDICTION ISSUES

WWW.MENSHEALTHFORUM.ORG.UK

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MIND

HELP WITH MENTAL HEALTH

0300 123 3393

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ALCOHOLICS ANONYMOUS

HELP AND SUPPORT FOR ALCOHOLISM

0800 9177 650

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ALANON

HELP FOR FAMILY OR FRIENDS OF AN ALCOHOLIC

0800 0086 811

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SHOUT

24/7 FREE TEXT SERVICE FOR ANYONE IN CRISIS.

TEXT 85258

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ACTION MENTAL HEALTH

(NORTHERN IRELAND)

028 9182 8494

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SCOTLAND ASSOCIATION FOR MENTAL HEALTH

0344 800 0550

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WALES MENTAL HEALTH HELPLINE

0800 132737

RELATIONSHIPS

CHILDLINE

CONFIDENTIAL SERVICE FOR CHILDREN AND YOUNG PEOPLE

0800 1111

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RELATE

UP TO SIX FREE SESSIONS OF RELATIONSHIP COUNSELLING FOR FISHERS. YOUNG PEOPLE'S COUNSELLING AND SEX THERAPY ALSO AVAILABLE. FUNDED BY SEAFARERS UK.

CONTACT SAIL FOR A REFERRAL.

0800 160 1842



FISHING
ANIMATEUR

the
seafarers'
charity

The
FISHMONGERS'
Company



supporting cornish communities



TRINITY HOUSE

FOR GENERAL INFORMATION CONTACT THE FISHING ANIMATEURS. VISIT OUR WEBSITE FOR INFORMATION VIDEOS
CALL: 01736 362782 TEXT: 07534580450 EMAIL: FISHING@CORNWALLRCC.ORG.UK

WWW.FISHINGANIMATEUR.CO.UK